

June					July				
M	T	W	T	F	M	T	W	T	F
			1	2	3	4	5	6	7
5	6	7	8	9	10	11	12	13	14
12	13	14	15	16	17	18	19	20	21
19	20	21	22	23	24	25	26	27	28
26	27	28	29	30	31				

## ST PETER'S PRIMARY SCHOOL MENU SUMMER 2023

		Windful Meatless Monday	Sugar Smart Tuesday	Mid-Week Roast Wednesday	Top Choice Thursday	Fish-tastic Friday
Week 1	Main Option 1	Margherita Pizza	Minced Beef Bolognese with Wholewheat Pasta Penne	Roast Turkey with Yorkshire Pudding and Gravy	Sausages and Gravy	MSC Oven Baked Fish Fillet
	Main Option 2		Vegetarian Lasagne	Cheese and Onion Parcel	Quorn Sausages and Gravy	Crispy Quorn Dippers
	Veg	Herby Potatoes Coleslaw Peas	Garlic Bread Slice Broccoli Sweetcorn	Roast Potatoes Seasonal Vegetables Savoy Cabbage	Mashed Potatoes Green Beans Carrots	Chips Baked Beans
	Dessert	Fresh Fruit / Yoghurt Or Chocolate and Fruit Krispie Cake	Fresh Fruit / Yoghurt Or Fruit Salad	Fresh Fruit / Yoghurt Or Cherry and Oat Cookie	Fresh Fruit / Yoghurt Or Iced Carrot Cake	Fresh Fruit / Yoghurt Or Strawberry and Vanilla Mousse
Week 2	Main Option 1	Margherita Pizza	Macaroni Cheese	Roast Gammon with Yorkshire Pudding and Gravy	Oven Baked Beef Burger in a Soft Roll	MSC Oven Baked Fish Fillet
	Main Option 2			Roast Vegan Quorn Sausages with Yorkshire Pudding	Oven Baked Vegetarian Burger in a Soft Roll	Crispy Quorn Dippers
	Veg	Herby Potatoes Sweetcorn Carrots	Carrots Broccoli	Roast Potatoes Seasonal Vegetables Cauliflower Gravy	Jacket Wedges Coleslaw Carrots	Chips Baked Beans
	Dessert	Fresh Fruit / Yoghurt Or Chocolate Brownie	Fresh Fruit / Yoghurt Or Apple Flapjack	Fresh Fruit / Yoghurt Or St Clements Shortbread	Fresh Fruit / Yoghurt Or Sticky Toffee Pudding with Cream	Fresh Fruit / Yoghurt Or Iced Fruit Smoothie
Week 3	Main Option 1	Margherita Pizza	Tomato and Mozzarella Pasta Bake with Crusty Bread	Roast Chicken with Yorkshire Pudding and Gravy	All Day Breakfast	MSC Oven Baked Fish Fillet
	Main Option 2			Roast Quorn with Yorkshire Pudding	Veggie All Day Breakfast	Crispy Quorn Dippers
	Veg	Oven Baked Homemade Jacket Wedges Peas Sweetcorn	Green Beans Carrots	Roast Potatoes Seasonal Vegetables Savoy Cabbage	Hash Browns Baked Beans Sweetcorn	Chips Baked Beans
	Dessert	Fresh Fruit / Yoghurt Or Marble Sponge with Raspberries	Fresh Fruit / Yoghurt Or Fruit Salad	Fresh Fruit / Yoghurt Or Apple Muffin	Fresh Fruit / Yoghurt Or Shortbread	Fresh Fruit / Yoghurt Or Ice Cream Roll